

Visual Strategies & Beyond!



Focusing on the 'Strategies'!!

Characteristics of People Who Use AAC Kraat (85); Light (89); Muller & Soto (2002)

- Play a passive role
- Rarely initiate interaction
- Express a limited number of speech acts
- Use restricted language forms
- Limited opportunities to interact with others





























Rehearsing

- Helping students quickly practice where to find needed vocabulary avoids over-prompting during activities
- Should be VERY brief
- Don't try to rehearse every possible word - just key words or categories













Prompt Hierarchy			
Prompt	Description	Example	
Expectant Delay	Give a verbal cue then pause to give students time to process the information, consider a response, access the device, etc. Pause at least 5 seconds.	"Okay, Jarrad said he might feel BORED when he's working. Hmmm, wonder what other feelings we could put on our chart" <pre>cpause</pre> and look expectant>	
Verbal Prompt	Give a subtle verbal cue, that tells generally WHAT to do	"Jen. Here's your switchJen's going to READ for us!"	
Light Cue – general	Use a squeeze light to give students a hint of the location of the target vocabulary item.	Students have been asked to share feelings. After a pause, Kelly's facilitator flashes the light in the vicinity of the FEELINGS icon.	
Light Cue - Intermittent	Use a squeeze light to briefly indicate the target item.	Flash and release on the FEELINGS icon.	
Light Cue – Constant	Use a squeeze light to indicate the target item.	Flash and hold the light on the FEELINGS icon.	
Visual Model	Show student an icon card that s/he can match to cue device use.	Hold up icon card for MAD. Show icons on device as needed.	





























Alphabet 36



Senses Poems

Features

- looks / tastes / sounds / feels / smells
- great for exploring language on device

Tips:

- develop word bank first
- link to activities



Predictability is Powerful

Prediction in activities, visual supports, and language provides scaffolding for students with ASD on a number of fronts. Many students with ASD have difficulty with change. Successful teachers, parents, and therapists have learned to support students through strategies such as:

- a) Presenting a predictable schedule of activities throughout the day
- b) Using visual strategies to let students know what is coming next
- c) Using auditory supports (especially songs and chants) to help predict change
- d) Providing predictability within activities
 - a. Scripted Activities, such as stories or songs (majority of language is



predetermined)

- b. *Unscripted Activities*, such as snack time, food prep, and arts and crafts (while some pre-planning can occur, much facilitation will be 'on the fly')
- e) Developing light tech communication displays and high tech communication devices in ways that make language predictable

Repetition ... with Variation

While predictability is important, it is crucial that we do not develop such strict routines that students with ASD are set up for failure. Repetition with variation supports students in developing pattern detection. That is, while routines are familiar, moderate variation ensure that students learn to handle change and offers scaffolding for new learning and for generalization. Following are opportunities to engage in repetition with variation:

Circle Time: Highly Scripted Activities

• Songs: use a song with changes, such as:

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Wheels On the Bus

September = traditional (children / wipers) October = Halloween (ghosts, witches, cats) November = Thanksgiving (pilgrims / turkeys) December = Christmas (Santas / Rudolphs / elves) January = snow (snowmen / snowflakes) February = Valentines (cupids / hearts)

See October, 2006 tip: www.aacintervention.com

• Stories: set up student roles, such as:



Bookreading Roles:

Page prompter = turn the page Commenter = funny / cool / uh-oh Questioner = what / who / why Repeated Line Filler = 'Goodnight' / 'all by myself' **Note**: try to move these from light to high tech communication devices

See August, 2004 Tip: www.aacintervention.com

Line Up: Highly Scripted Activity

Help students use a variety of strategies to line up, supporting language, literacy, and listening skills! Have students help select line-up options using devices. Samples:

- if you're wearing <u>red</u>, line up now
- if your name has three beats, line up now
- sound substitution (Pizza, pizza, Pat, line up if your name is _____)

Food Prep / Arts & Crafts Roles:

Direction Giver = put in / get ____ / stir it / get more Commenter = yum / yuck / uh-oh Request for Recurrence = more Protest / Deny = no / don't **Note:** focus on modeling core language, not just the fringe vocabulary (get / need / put / on, not just Markers / oil / eggs, etc)

See January, 2004 Tip: www.aacintervention.com

Food Prep / Arts & Crafts: Less Scripted Activities While less scripted than a story or a song, an activity such as food prep or arts and crafts is still highly predictable. Therefore, these activities are ideal for natural aided language.

Sabotage



Sabotage

In sabotage, facilitators manage the environment so there is a need to communicate, by:
getting the incorrect item (protest / deny)
arranging for a missing item (request item / comment)
omitted or incomplete step (comment / request action)
See June, 2004 Tip: www.aacintervention.com

Training Styles

(From: Pam Elder, Phoenix AAC Expo, 1996)

Style A

Excessive questioning

Excessive commanding

"Testing agenda"

Emphasis on expressive use

Fosters responding rather than initiating behavior

High liklihood of communication failure

Minimal or no comprehension support

Minimal response time allowed

Product rather than process oriented

Style B

Modeling (commenting and describing the ongoing activity)

"Conversational agenda"

Emphasis on receptive use

Fosters initiating behavior

Numerous opportunities for student success

Maximizes comprehension support

Sufficient response time allowed

Process oriented

Training Styles: Definitions

(Musselwhite, 2002)

- **Modeling:** The practice of commenting on and describing an ongoing activity. Goossnes', Crain, & Elder (1992) refer to "aided language stimulation" techniques. Elder and Goossens' describe Aided Language Stimulatino as "... a facilitation technique in which the facilitator highlights symbols on the augmented speaker's overlay as the facilitator interacts and communicates during the conduct of that activity" (1994, p. 164).
- **Conversational Agenda:** The goal of augmentative communication is to help individuals be able to converse with others, **not** to test them on where items are on their display! This means that the focus should not be on wh-questions, yes/no questions, and excessive commanding ("Tell me 'I want drink", but rather on communicating by getting students to take turns and share "real" information and ideas. Wonderful examples of using a conversational style are in scripts that go with the Communication Displays for Engineered Environmens (Southeast Augmentative Comm. Asso).
- **Emphasis on Receptive Language:** It is very important that student's receptive language skills are supported, rather than forcing them to use language expressively before they have seen it modeled in the context of real activities. For example, because Martin can only press a switch with effort, the teacher might give him only one thing to say on a Big Mack device. However, Martin needs to be exposed to symbols and the language they represent, not just to learn to press the switch to say "more please!" The teacher can use a place mat with 12 general symbols (EAT, DRINK, UH-OH), adding symbols for today's snack (CRACKER, JUICE, WATER). Even though Martin can still press only one switch to say "more please" (expressive language), he is being stimulated with lots of words and symbols as he is enjoying his snack (receptive language).
- Nurture Initiating Behavior: Many individuals who use AAC devices only respond to other people, and never start a conversation. This causes passivity, and a condition known as "learned helplessness." Partners need to encourage initiating behavior by using the least prompting possible (see the "Prompting Hierarchy" Chart & Worksheet).
- Numerous Opportunities for Student Success: Use the Conversational Chart to see how often your student: 1) uses augmentative communication to interact with others; 2) even has an appropriate augmentative communication strategy available in order to communicate. It is important to look at all activities and decide where more activities can be available. Having "supplemental symbols" quickly available helps to provide for more opportunities. For example, "extra" symbols should be available for: art (ex: colors, symbols for art materials such as glue, paper, ribbon, depending on the activity); cooking (e.g., extra verbs for the recipe, such as BLEND, STIR, CHOP, ingredients for each recipe), and snack (e.g., specific snack items). Supplementals make an activity richer and more fun.
- Maximize Comprehension Support: Many strategies can help students understand the activity. Samples are: using a theme where activities are related, using concrete props, and modeling with a doll.
- Allow Sufficient Response Time: The literature is clear that communication partners do not give AAC users time to respond! It may take longer for AAC users to give a response, especially beginners. Planned pause time should be used (ex: wait 5 seconds before the next prompt). You may have to actually count at first (1 Mississippi, 2 Mississippi . . .) until this becomes "natural."
- **Be Process Oriented:** Activities such as art, science, and music are much better learning times if partners are less concerned about the product (e.g., what the picture looks like) than the process (what the student did to make the picture). For example, a song might be sung slowly, with only one song finished at Circle Time, but students had a chance to: choose the song, choose the verses, pick props, add the refrain, etc.

Strategies to Increase Success for AAC Users with ASD (Musselwhite & Wagner, 2007)

Research compiled by Arlene Kraat in 1985 indicated a number of problem areas in the growing area of AAC. These have been verified by other researchers and authors:

- Communication displays / devices rarely used
- AAC users typically respondents, not initiators (Culp, 1982; Harris, 1982; Light, et al, 1985)
- Limited range of functions available to AAC users
- Interaction patterns that focus on closed-answer questions (What do you want?) and "testing" (What's this?)
- Expectations for AAC users are minimal
- Conversational partners control interactions, with turntaking highly unequal (Farrier et al, 1985; Light et al., 1985)
- Peer interaction is minimal

Students who use augmentative and alternative communication (AAC), especially students with Autism Spectrum Disorders (ASD) face all of the challenges as well as others. They typically have significant communication challenges, in the areas of both expressive and receptive communication. Too often, the primary focus is on the very visible goal of expressive communication, while students are still struggling with receptive communication, resulting in use of rote, prompt-dependent, and decontextualized language skills.

Carol Goossens' describes 'aided language stimulation' as a training strategy in which communication facilitators use children's systems to communicate with the children. . . 'When conducting Aided Language Stimulation, the facilitator points out key symbols on the child's communication display in conjunction with all ongoing verbal language stimulation being directed toward that child.' (1992, p. 11). Goossens' and colleagues also refer to 'augmented input' – focusing on the idea that aided language stimulation supports communication INPUT (receptive language) as well as OUTPUT (expressive language).



Sample Light Tech Displays for Natural Aided Language

Whole Class Display: Goossens' 2002

Tab-Top Flip Display (Casey & Kornfield)

Joanne Cafiero uses the term 'Natural Aided Language (NAL)', with this definition: 'National Aided Language (NAL) is a measurable total immersion visual language system in which the speaking communication partner pairs speech with pointing to symbols. NAL simultaneously teaches the non-speaking communication partner to both understand and generate interactive language.' (Cafiero, 2005, p. 37).

Strategies to Support Natural Aided Language

Start Early . . . and We Mean EARLY!!!

Cheslock, Romski, & Sevcik(2007) summarize the evidence on early intervention in AAC, noting that 'Beginning intervention as early as possible will not only improve the life and functioning of a child but will also reduce the stress of the family and in turn improve the family environment (Guralnick, 2000).' Recent research at the University of Washington highlights the importance of very early intervention in supporting language learning (Kuhl et al, 2005, Schwartz, 2007). While many of us are working with students who are NOT toddlers, we can all participate in advocating for early, intensive intervention, that includes AAC and Aided Language Stimulation. As Cafiero says, 'For people of all ages on the autism spectrum, whether they have had some or no prior experience with AAC, now is always the right time to start.' (2005, p. 13).

Prompt Lightly

Facilitators should prompt students ONLY when necessary, and should prompt quietly. Only the AAC user being prompted should hear or see the prompt. Use a 'least-to-most' hierarchy of prompting:

Prompt	Description	Example
Expectant	Give a verbal cue then pause to	"Okay, <u>Jarrad</u> said he might feel
Delay	give students time to process the	BORED when he's working.
	information, consider a response,	Hmmm, wonder what other feelings
	access the device, etc. Pause at	we could put on our chart" <pause< td=""></pause<>
	<u>least</u> 5 seconds.	and look expectant>
Light Cue –	Use a squeeze light to give students	Students have been asked to share
general	a hint of the location of the target	feelings. After a pause, Kelly's
	vocabulary item.	facilitator flashes the light in the
		vicinity of the FEELINGS icon.
Light Cue -	Use a squeeze light to briefly	Flash and release on the
Intermittent	indicate the target item.	FEELINGS icon.
Light Cue –	Use a squeeze light to indicate the	Flash and hold the light on the
Constant	target item.	FEELINGS icon.
Visual	Show student an icon card that s/he	Hold up icon card for MAD. Show
Model	can match to cue device use.	icons on device as needed.

Writing & Talking - Goals & Activities

Janice Light (1989, 1998) has described sets of skills that AAC users need to build communicative competence. A brief summary of each is provided, with suggested writing / talking goals:

Linguistic Skills include receptive and expressive skills in the native language spoken by the family and broader social community. This includes skills in the 'linguistic' code of the AAC system. Examples include exploring vocabulary, icon sequences, navigating dictionaries, using past tense or comparative 'er'.

Operational Skills refer to the technical skills required to use the AAC system(s) accurately, efficiently, and appropriately. Examples include: using a head pointer to indicate items on a communication board and using row-column scanning with a single switch.

Social Skills refer to knowledge, judgment, and skills in the social rules of interaction. Included are skills to initiate, maintain, develop, and terminate interactions; skills to develop positive relationships and interactions with others; and skills to express a full range of communicative functions. Using dialogue in writing plays and writing interviews would support this goal.

Strategic Skills refer to compensatory strategies that may be utilized by individuals who use AAC to overcome functional limitations that restrict their effectiveness as communicators. An example is providing new partners with information about how to communicate with them.

Light Tech Vocabulary Sets to Support Writing

Print 'n Communicate



Set of 21 communication boards
category-based vocabulary
www.mayerjohnson.com

Flip 'n Talk (Large)



- Up to 30 sets of 6 symbols
- Can be added to core board, (shown) or affixed to other VOCAs www.mayerjohnson.com

8-Location Eye Gaze Set

Caroline Musselwhite & Gretchen Hanser



Set of categories with tabs
Used for eye-gaze or partner-assisted auditory scanning; Write to Talk CD carmussel@cox.net

Tab-Top Flip System

Karen Casey and Sherry Kornfeld



- Core vocabulary at bottom
- Pages of color-coded category sets Karen.Casey@ncmail.net

Model, Model, Model!

While communication partners are urged to model AAC use (Beukelman & Garrett, 1988; Goossens', Crain, & Elder, 1992), and while research shows that modeling AAC use is helpful (Romski & Sevcik, 1996), Light (1997) cites several studies indicting that partners use AAC modeling in less than 10% of their messages, even when given specific instruction to do so. Communication partners should model vocabulary not yet in student's expressive lexicons and sentence structures that are "... just beyond the current productions of the child, although within the child's receptive capabilities" (Light, 1997, p. 168).

Use 'Smart Charts'

One reason often given for failure to model is that communication partners don't know the location of words on the student's communication device. The 'smart charts' shown below provide visual support to facilitators regarding where to find vocabulary.



People Smart Chart

The class is doing a unit on family relationships, so the partner has prepared a visual list of where to find symbols for Unity[™] (ex: Vantage)

Note: Samples from software for PRC devices, <u>www.prentrom.com</u>



Categories Smart Chart

The class is talking about a field trip, and discussing places to go, and describing things they might see. The partner has sticks with 'places' and 'descriptions' on them for cueing.

Note: Samples from software for the V, <u>www.dynavoxtech.com</u>

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